



KAYAK PACKING SEMINAR

Presenters

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PRESENTED BY





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Location and Hours: <https://www.calkayak.com/service/hours-and-locations/>

SEMINAR OUTLINE



Introductions

Essentials of Kayak Packing

Locations

- Reservoirs
- BLM Lands
- Tomales Bay

Safety, Storage and Packing

Conclusion (QA)



Did you know there are millions of square miles of land available to camp for FREE!

The Bureau of Land Management (BLM) was established on July 16, 1946. It was created through the consolidation of two existing agencies: the General Land Office and the Grazing Service. The Bureau manages approximately 245 million acres of public land, primarily located in the western states. ON BLM land Developed Campgrounds do require a fee but offer amenities such as campsites, rest rooms, picnic tables, fire rings and sometimes even RV hook ups.



However the Bureau of Land Management also allows dispersed camping in many areas, which means camping outside of designated campgrounds. In some cases, dispersed camping on BLM land may be free. No fighting for camp spots, long wait lines, months of advance booking. Find your spot. Pitch up a tent you are ready to camp!.



RESERVOIR LOCATIONS

New Bullards Bar Reservoir, which is located about 45 minutes outside the City of Marysville on Marysville Road, has 55 miles of shoreline with more than 20 miles of trails, most of which are located in the Plumas and Tahoe national forests.



Union Valley Reservoir is a reservoir in eastern El Dorado County, California, about 20 miles (32 km) northeast of Placerville. The 277,000 acre-feet (342,000,000 m³) lake is in Eldorado National Forest in the Sierra Nevada at an elevation of 4,870 feet (1,480 m).



Both Bullards Bar and Union Valley Reservoir offer many different species of fish to target over the entire year; Kokanee, Trout (Mackinaw Trout, Brown Trout and Rainbows)

Tomales Bay, California



Tomales Bay boat-in camping is allowed on west-side National Park beaches north of Tomales Bay State Park's northern border (i.e., north of Indian Beach and Duck Cove). These beaches are tidally influenced and generally are small sandy coves backed against steep cliffs. Campers on Tomales Bay beaches must arrive by boat and may not hike, bike, or ride horses to the beaches. Twenty permits are available each day—9 for parties of 1 to 6 people, 8 for parties of 7 to 14, and 3 for parties of 15 to 25.



TOMALES BAY, CALIFORNIA





KAYAK PACKING GEARS

1. Packability

- a. Limited Space: You do have more space than backpacking but very limited
- b. Generally, backpacking gears are highly recommended.
- c. Weight can also be a concern depending on the kayak's weight capacity and how much of other gears, like fishing gears, you carry on the kayak.
- d. Practice packing your kayak ahead of the trip.



2. Keep Them Dry

- a. All items on the kayak get wet whether on deck or in the hull.
- b. Capsizing is a part of kayaking. Make sure the gears are going to stay dry.
- c. Use dry bags to keep gears dry and organized.
- d. Use multiple smaller dry bags: It's difficult to fit large dry bags in the hatch and it's also heavy.



3. MooMoo's Kayak Packing List

- a. Shelter: Tent (REI Passage 1)
- b. Sleep System:
 - i. Be comfortable and warm
 - ii. Sierra Designs Cloud 20 Zipperless Sleeping Bag
 - iii. Big Agnes Air Core Insulated Ultra
 - iv. Trekology Aluft Delux Pillow



c. Cooking Gear

- i. FireMaple Polaris Pressure Regulator Cooking System
- ii. Reusable dinnerware to Reduce Trash
- iii. Biodegradable soap
- iv. Ziplock bags for trash



d. Extra Apparel

- i. Dry clothes for the camp and sleeping
- ii. No cotton material. Synthetic or Wool fabric
- iii. Puffy jacket is great because it's packable
- iv. Baselayer for cold temperature.



e. Food and Water

- i. Keep it simple and bring plenty of water. Water filter is highly recommended.
- ii. Bear canister to keep not only bears but other animals like racoon, squirrel and rats out.



f. Ditty Bag

i. First Aid Kit

ii. Headlamp

iii. Battery Pack

iv. Wag Bag

Safety: Let Others Know

Rule #1: Always let a family member, loved one, or friend know when you are going out, where you will be going and when you will be back.

Safety: Be Prepared

Rule #2: Always bring a first aid kit. Bring multiple if you can fit them

First Aid Kits should contain:
Antiseptic Wipes, Antibacterial Ointment, Bandages, Band-aids, Blister Treatment, Pain Relief Pills, Tweezers,



Safety:

Dress For Success

Rule #3: Prepare For The Elements (Cold, Heat, Rain, Sun)

Cold Weather: Layer Up

base layer to wick away moisture, mid layers to insulate, shell layer to protect from wind/moisture.

Tops: Merino shirt, Smartwool Long Sleeve shirt, Jacket

Pants: Underwear, Long Johns, Pants

Safety:

Dress For Success

Rule #3 continued: Prepare For The Elements (Cold, Heat, Rain, Sun)

Rain: Cold gear previously mentioned plus a rain jacket and rain pants

Sun/Heat: Hat, sunglasses, lightweight long sleeve tee shirts, buffs, sunscreen

Safety:

Check The Weather

Rule #4 Check the weather ahead of time. This can help inform on what clothing to pack

When Kayakpacking freshwater, check for: Temperature, Rain, Wind

When Kayakpacking saltwater also check for: Swell reports, Tide changes, Surf height

Safety: Adequate Sustenance

Rule #5: Bring Extra Food and Water

Plan your meals and the amount of water needed for your trip, but always bring extra

Extra meal bars and a water filtration device can be a life saver



Food Storage

Check regulations on what food storage is required in your camp area

Bear Canisters and Bear Hangs are most secure options if no food storage is provided in your camp area

Look up and practice bear hangs ahead of time if using

Other Items That Can Make The Difference Between a Good Trip and A Horrible One:

Bug Spray

Sunscreen

Sunglasses

Headlamps

Knife

Fire Starting Gear

(matches, lighter, tinder)

Map/Compass/GPS

Waterproof Radio

Accidents I've experienced while Kayak packing or Backpacking

- Large splinter in hand while handling firewood (wear gloves)
- Cut foot when stepped on broken glass (bring sandals if possible)
- Deep cut on hand when cleaning swiss army knife after eating (Be careful handling knives)
- Food stolen by racoons/foxes/birds (Proper food storage)

CONCLUSION: Q&A